

THE CHEQUERS

Allergen														
Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
BAR SNACKS														
Bread and butter	✓					✓								
Garlic, rosemary & lemon olives														
Chipolatas & ketchup	✓							✓			✓			
STARTERS														
Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs	
Soup of the day (please see daily specials for flavour and allergens)														
Beetroot & goats cheese tartlet, mixed leaves & balsamic dressing	✓		✓			✓					✓			
Warm vegetable salad, roast new potatoes, courgette ribbons, garden peas, edamame beans, pesto & pecorino crisp Add Haloumi/ Add lemon & herb chicken						✓	✓							
Chicken liver parfait, red onion marmalade, pickles & toast	✓		✓			✓					✓			
Salt & pepper whitebait, aioli	✓		✓	✓							✓			
Devilleed lambs kidneys, sauteed field mushrooms, toasted sourdough	✓			✓		✓			✓		✓			
Smoked salmon, whipped herb cream cheese, pickled shallot				✓		✓			✓		✓			

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TO SHARE	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Box Baked Camembert, rosemary, garlic, red onion jam, sourdough baguette	✓						✓					✓		
Deli Board, Proscuttio Crudo, Parma salami, Coppa, olives, cornichons, caper berries, harissa houmous, marinated med veg, mini baked camembert, baguette, roasted garlic	✓						✓				✓	✓		
MAINS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Spring greens, garden pea & vegetable risotto, preserved lemon, pecorino crisp							✓		✓			✓		
Salmon & prawn fishcake, free range poached egg, buttered leeks, white wine and herb cream	✓	✓	✓	✓			✓			✓		✓		
Maple cured bacon chop, champ mash potato, green beans, red onion & aioli			✓				✓					✓		
Lemon & herb chicken breast, roasted new potatoes, courgette, red onion & pesto dressing							✓	✓						
Pan fried fillet of cod, sauteed new potatoes, tenderstem broccoli, roasted cherry tomatoes, lemon, caper & almond butter				✓			✓	✓				✓		
Home smoked bby back ribs, bbq sauce, red slaw, skin on fries										✓		✓		
The Chequers lamb supper. Pave of lamb, slow cooked shoulder, sauteed kidney, lamb fat parmentier potatoes, radish, garden peas, spring green & lamb jus							✓		✓			✓		
Rump, Ribeye, Fillet, Chips, roast toms, watercress, chips														
Chimmichurri												✓		
Peppercorn sauce							✓					✓		

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SIDES	Allergen													
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Skin-on fries														
Truffle & Parmesan chips							✓							
House salad												✓		
Roast garlic field mushrooms														
Buttered spring greens & crispy bacon							✓							
Sauteed tenderstem broccoli, lemon, caper & almond butter								✓				✓		
SANDWICHES/LUNCH	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Tomato, mozzarella & pesto baguette	✓						✓	✓						
Atlantic prawn sandwich, Marie Rose dressing, iceberg	✓	✓	✓				✓					✓		
Pulled pork ciabatta, bbq sauce, slaw & rocket	✓						✓			✓		✓		
Smoked chicken ciabatta, paprika mayonnaise, rocket	✓		✓				✓					✓		
Ham, egg and chips			✓				✓			✓				
Market fish (see daily specials for allergens)				✓			✓			✓		✓		

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DESSERTS	Allergen													
	Cereals containing gluten	Crustaceans	Eggs	Fish	Peanuts	Soyabeans	Milk	Nuts	Celery	Mustard	Sesame	Sulphites	Lupin	Molluscs
Pot cheesecake (see specials for details)	✓						✓							
Plum cobbler, homemade custard	✓		✓				✓							
Lemon posset, homemade biscotti	✓						✓							
Apple & rhubarb frangipane tart, vanilla mascarpone	✓		✓				✓	✓						
Dark chocolate brownie, marshmallow, home churned honeycomb ice cream	✓		✓				✓							
Gluten free & Vegan Chocolate brownie, mulled forest fruits, cherry sorbet						✓						✓		
Scoops of ice cream			✓				✓							

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BEEF - Roast beef, homemade Yorkshire pudding	✓		✓				✓		✓			✓		
PORK - Roast loin of pork, homemade apple sauce, crackling									✓			✓		
CHICKEN - Corn-fed chicken breast, pork, sage stuffing	✓		✓						✓			✓		
LAMB - Pave of lamb, roast potatoes, roast shallot									✓			✓		
BEETROOT & KALE WELLINGTON - vegan roast potatoes, roasted carrots, seasonal greens & Vegan gravy	✓					✓								
Cauliflower, broccoli & leek cheese	✓						✓			✓				
Honey roasted root vegetables														
Seasonal greens														
Garlic & rosemary roast potatoes														
Homemade gravy									✓			✓		